***A B C S of Autism Spectrum Disorder***

**Focusing on Sensory Integration**

**Pre-Test**

1. **List the seven senses of the body involved in Sensory Integration:**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

1. **Sensory seeking may be reflected in which of the following?**
2. **A child covering her ears during circle time**
3. **Staring into space during lesson time in class**
4. **Showing a strong preference for soft cotton clothes**
5. **Running and crashing in the playground before school begins**
6. **What is an example of a calming sensory technique:**
7. **Huggy vest**
8. **Joint compression**
9. **Light filters**
10. **All of the above**
11. **When performing the Wilbarger Brushing protocol on a student you should never brush:**
12. **Arms**
13. **Stomach**
14. **Legs**
15. **Back**
16. **Which is an example of an alerting activity:**
17. **Cause and effect toys with sounds or lights**
18. **The Wilbarger Brushing Protocol**
19. **Weighted blanket**
20. **Applying deep pressure**
21. **How would you best describe “Filtering” in regards to Sensory Integration?**
22. **Something used to make water taste better**
23. **An underactive response to sensory stimuli**
24. **Selective listening**
25. **A skill that makes it possible to scan the environment and selectively screen**

**Out the nonessential sensory information**

1. **Why is Sensory Integration so important:**
2. **For survival**
3. **Making sense of the world**
4. **For interacting with other people**
5. **All of the above**
6. **Sensory Integration is a learned skill in the normal development process of a child.**

**True False**

1. **The “Fight or Flight Response” only happens to children with Autism Spectrum Disorder.**

**True False**

1. **Inhibition in regards to Sensory Integration means:**
2. **Dancing the night away at your work holiday party**
3. **Purposeful movement in action**
4. **Is necessary to prevent sensory overload**
5. **The process of taking information in through all the senses**
6. **A sensory diet consists of low calorie foods and high protein intake.**

**True False**

1. **Which of the following is not a characteristic of vestibular dysfunction?**
2. **Fearful of movement activities**
3. **Unable to maintain balance**
4. **Child doesn’t tolerate tags in clothing and frequently removes socks and shoes**
5. **Unsure of location of body in space**
6. **When are Sensory Integration techniques the most effective?**
7. **In close proximity to the child’s learning environment**
8. **In a planned and scheduled activity program**
9. **If a child is self regulating effectively**
10. **Answers A & B**

Thanks for your cooperation!